

## Order Form for *Stopping The Violence* and Other Resources

This **448-page manual**, *Stopping The Violence: A Group Model To Change Men's Abusive Attitudes And Behaviors* was published by Haworth Press (New York) in 1999. It contains all the material necessary for domestic abuse treatment from the time a man initially comes for therapy to the time he completes the treatment group. This process generally takes from **4-6 individual assessment sessions** and from **45-60 weekly group sessions** depending on the client's level of motivation and willingness to be responsible in writing out and presenting the expected tasks and on the number of members in the group itself at the time. The group model itself is an ongoing one and fits well into a formal domestic abuse program, an out-patient mental health clinic, or any other therapeutic setting. The treatment model focuses not only on ending the physical violence but also on intervening in the emotional and verbal abuse and the controlling and entitled attitudes that fuel them.

- **An Introduction** provides an overview of the program.
- **Chapter I** discusses group leadership issues.
- **Chapter II** talks about conducting the 4-6 individual assessment sessions and includes all the intake handouts and forms that are helpful in assessing whether a man needs and can benefit from the program.
- **Chapter III** addresses facilitating the individual member tasks that all men need to write out and present to the group in order to complete the program. It also includes the group member booklet in its entirety, which outlines group goals, rules, expectations, and the twelve tasks expected of members. The tasks include assignments such as specific and practical plans to intervene in his escalation process; a history of violence perpetrated toward partners and others over the course of his life; a discussion about his experiences in his family of origin and childhood and their impact on his controlling, entitled, and abusive attitudes and behaviors, and an amends letter written to his primary victim. A client reading list is included.
- **Chapter IV** discusses the 12 educational units which are an integral part of each group session. Topics include abuse and its effects, anger, stress management, self-talk, shame and empowerment, culture of origin, assertiveness, communication and conflict resolution, and others. This chapter also includes all the handouts that accompany the educational units.
- **References** for professionals are included.

This manual can be used by beginning as well as experienced practitioners and contains everything necessary for a practical and "hands-on" approach to conducting an effective domestic abuse group. A **306-page *Stopping the Violence: The Client Workbook*** is also available for men actually participating in the domestic abuse group program.

**COST:** *Stopping The Violence* (Practitioner Manual): \$70 (hard cover) \$45 (soft cover)

*Stopping The Violence: The Client Workbook*: \$35 (soft cover)

*Stopping The Violence: 43-page updated/revised Client Program Tasks Booklet* to be used in actually running groups): \$25 (soft cover)

**ALSO AVAILABLE** (using excerpts and revisions of the books above and additional material):

*Embracing The Dark Side: Learning to Recognize and Transform the Anger Within and Around You*, a 384-page anger management workbook to accompany classes, that has been used in working with clients in individual or couple therapy, in classes and groups, or can also be used in self-study: \$40

**SHIPPING AND HANDLING:**

STV Practitioner Manual (\$5.95)

Updated Client Tasks Booklet (\$2.95)

STV Client Workbook (\$4.95)

EDS Workbook (\$5.95)

S&H prices for US residents only; outside-US orders will have S&H determined at the time of the order

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• Please send me: \_\_\_\_\_ STV Manual(s); \_\_\_\_\_ STV Client Workbook(s); \_\_\_\_\_ Updated Client Program Tasks Booklet(s), and \_\_\_\_\_ *Embracing the Dark Side* Workbook(s)

• Enclosed is my check or money order for \$ \_\_\_\_\_ (please add 7.625% sales tax if a Minnesota resident and be sure to include shipping and handling charges noted above).

• Send your check (sorry, no C.O.D. orders will be accepted) payable to:

David J. Decker, MA, LP, 619 Bates Avenue, St. Paul, MN 55106

651-646-4325; 651-778-9485 (Phone and Fax)

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Thank You!