

SOME CAUSES OF ROAD RAGE

1) MORE CARS, MORE DRIVERS, INCREASED USE OF HIGHWAYS, AND MORE OVERALL CONGESTION

- MORE WOMEN HAVE ENTERED THE WORKPLACE:
 - ..FAMILIES HAVE GONE FROM ONE CAR TO TWO OR EVEN THREE
 - ...FROM 1969 TO 1990 THE NUMBER OF WOMEN LICENSED TO DRIVE INCREASED 84%
- BETWEEN 1970 AND 1987, THE NUMBER OF CARS ON THE ROAD MORE THAN DOUBLED
- THERE ARE NOW 17% MORE CARS AND 10% MORE DRIVERS IN AMERICA THAN THERE WERE 10 YEARS AGO
- THE NUMBER OF MILES DRIVEN HAS INCREASED 35% SINCE 1987 WHILE ONLY 1% MORE ROADS HAVE BEEN BUILT
- EVEN CAR POOLS ARE DOWN, DESPITE “SANE LANES” AND OTHER PREFERENTIAL DEVICES
- FEWER PEOPLE ARE RELYING ON MASS TRANSIT AND MORE ON CARS:
 - ...IN 1969, 82.7% DROVE TO WORK; IN 1990, 91.4% DID
- ACCORDING TO A RECENT FEDERAL HIGHWAY ADMINISTRATION STUDY OF 50 METROPOLITAN AREAS, ALMOST 70% OF URBAN FREEWAYS TODAY (VS. 55% IN 1983) ARE CLOGGED DURING RUSH HOUR
- A STUDY BY THE TEXAS TRANSPORTATION INSTITUTE IN 1997 FOUND THAT COMMUTERS IN ONE-THIRD OF THE LARGEST CITIES SPEND WELL OVER 40 HOURS A YEAR IN TRAFFIC JAMS
- JOBS HAVE SHIFTED FROM THE CITIES TO THE SUBURBS:
 - ...SUBURB-TO-SUBURB COMMUTES NOW ACCOUNT FOR 44% OF ALL METROPOLITAN TRAFFIC VS. 20% FOR SUBURB-TO-DOWNTOWN TRAVEL
- IN THE TWIN CITIES, CONGESTION HAS GOTTEN SIGNIFICANTLY WORSE ACCORDING TO THE TEXAS TRANSPORTATION INSTITUTE, WHICH HAS BEEN REPORTING ON MOBILITY IN 68 CITIES IN THE US OVER THE PAST TWO DECADES
 - ...IN 1982, WE WERE RANKED 43rd IN TERMS OF OVERALL CONGESTION; IN 1997, WE WERE 14th

...IN 1982, THE AVERAGE TC DRIVER SPENT 4 HOURS/YEAR DELAYED IN TRAFFIC; IN 1997, WE SPENT 34 HOURS
...THE AMOUNT OF CONGESTION HAS RISEN WHILE THE POPULATION RANKING HAS STAYED STEADY

- IN A REPORT PREPARED BY THE CONSULTING FIRM CAMBRIDGE SYSTEMATICS FOR THE AMERICAN HIGHWAY USERS ALLIANCE:
 - ...THE CROSSTOWN COMMONS (I-35 AND MN HWY. 62) WAS RANKED AS THE 22nd WORST BOTTLENECK IN THE UNITED STATES
 - ...THE COMMONS HANDLES 250,000 VEHICLES AND REMAINS CONGESTED FOR UP TO 13 HOURS PER DAY ACCORDING TO THE MN DEPT OF TRANSPORTATION
 - ...THREE OTHER MN SITES WERE LISTED AMONG THE 167 WORST BOTTLENECKS IN THE NATION
 - ...I-494 BETWEEN PENN AVENUE SOUTH AND MN HIGHWAY 100 IN BLOOMINGTON
 - ...I-694 BETWEEN MN HIGHWAY 100 AND MN HIGHWAY 252 IN BROOKLYN CENTER
 - ...I-94 AT BROOKLYN BLVD IN BROOKLYN CENTER AND BROOKLYN PARK

2) THE VEHICLE A PERSON DRIVES AS A REPRESENTATION AND AN EXTENSION OF “THE SELF”

- WE AS HUMAN BEINGS ARE TERRITORIAL CREATURES
 - ...AS INDIVIDUALS, WE ALL HAVE A “PERSONAL SPACE” WHICH EVOLVED ESSENTIALLY AS A DEFENSE MECHANISM: ANYONE WHO INVADES THIS SPACE IS POTENTIALLY AN ATTACKER
- IN MOST CASES, IF OUR SPACE IS “INVADED” (E.G. IF SOMEONE STANDS TOO CLOSE), WE WILL RESPOND WITH DEFENSIVE BODY LANGUAGE
 - ...WHY DON’T WE PHYSICALLY ATTACK SOMEONE IN A CROWD OR GROCERY STORE LINE?
 - ...WE MAKE A CLEAR CHOICE: *“I MIGHT GET HURT OR IN SOME KIND OF TROUBLE”*
- A CAR IS A HIGHLY TERRITORIALIZED SPACE
 - ...“ATTACKS” TO OUR CAR (E.G. GETTING CUT OFF/BEING TAILGATED) ARE OFTEN PERCEIVED AND RESPONDED TO AS IF THEY ARE PERSONAL ATTACKS DIRECTED AT US
 - ...THREATS TO THAT SENSE OF SELF ARE OFTEN RESPONDED TO ANTAGONISTICALLY

- OUR CAR OFTEN BECOMES AN EXTENSION AND A SYMBOL OF WHO WE ARE OR WANT TO PERCEIVE OURSELVES TO BE AND HOW WE WANT OTHERS TO SEE US
 - ...IT IS OFTEN OUR SECOND MOST VALUABLE BELONGING
 - ...IT IS FREQUENTLY AN IMPORTANT PART OF THE OWNER'S LIVELIHOOD
 - ...IT IS OFTEN OUR MAIN ACCESS TO "FREEDOM"
 - ...E.G. THE MIDDLE-AGED MAN WHO GETS AN EARRING AND THEN BUYS A ZIPPY LITTLE SPORTS CAR (E.G. A MAZDA MIATA)
 - THE MIDDLE-AGED WOMAN WHO FEELS UNPROTECTED AND FEARFUL IN HER DAILY LIFE AND BUYS A HUGE SUV (E.G. A FORD EXPEDITION)
 - ...A SURVEY CONDUCTED BY GOODYEAR OFFERS SUPPORT FOR THE IDEA THAT AMERICANS OFTEN HAVE HIGHLY EMOTIONAL RELATIONSHIPS WITH THEIR CARS:
 - ...55% OF MEN AND 45% OF WOMEN TALK TO THEIR CARS
 - ...32% OF MEN AND 16% OF WOMEN SWEAR AT THEIR VEHICLES
 - ...49% OF MEN AND 41% OF WOMEN ARE "AS CAREFUL IN CHOOSING AN AUTO SERVICE CENTER AS THEY ARE A DAY CARE CENTER FOR THEIR CHILDREN"
 - ...25% ACTUALLY THINK OF THEIR CAR AS "A MEMBER OF THE FAMILY"
 - ...38% WOULD RATHER KISS THEIR CAR THAN THEIR MOTHER-IN-LAW OR FATHER-IN-LAW
- A CAR IS VIRTUALLY COMFORTABLE ENOUGH TO LIVE IN FULL-TIME AND ISOLATES A DRIVER FROM THE REST OF THE WORLD EVEN AS IT CARRIES US ALONG THROUGH IT
 - ...YOU CONTROL THE CLIMATE FROM ARCTIC COLD TO TROPICAL HEAT; YOU CAN EVEN USE INFRA-RED SENSORS TO DETECT THE SKIN TEMPERATURES OF THE DRIVER AND FRONT PASSENGER TO KEEP THEM AT PRECISELY THE LEVEL YOU'VE PROGRAMMED INTO THE SYSTEM (JEEP GRAND CHEROKEE LIMITED)
 - ...THE VEHICLE'S CABIN IS VIRTUALLY SOUNDPROOF
 - ...HEAVILY-TINTED WINDOWS KEEP PRYING EYES FROM KNOWING WHO YOU ARE OR WHAT YOU ARE DOING
 - ...YOUR CAR SEAT IS THE ULTIMATE IN COMFORT AND HAS MORE POSITIONS THAN A LAZY BOY
 - ...YOU CAN LISTEN TO WHATEVER YOU WANT ON YOUR FANCY CASSETTE DECK OR CD PLAYER OR STREAM MUSIC INTO YOUR CAR FOR A FEE
 - ...YOU CAN INSTALL CONSOLES BETWEEN THE TWO FRONT SEATS THAT YOU OR THE KIDS CAN USE TO PLAY DONKEY KONG, SUPER MARIO, AND OTHER VIDEO GAMES (FORD VISTEON)
 - ...YOU CAN USE CLARION'S AutoPC, USING MICROSOFT SOFTWARE TO CHECK YOUR E-MAIL, RETRIEVE A PHONE NUMBER FROM YOUR ELECTRONIC ADDRESS BOOK

...YOU CAN DABBLE WITH YOUR LAPTOP COMPUTER ON A TABLE
THAT CAN BE INSTALLED ON YOUR STEERING WHEEL
...WITH YOUR CELL PHONE, YOU CAN CALL ANYONE ANYWHERE IN
MANY PARTS OF THE WORLD
...WITH YOUR GLOBAL POSITIONING SYSTEM, YOU CAN PINPOINT
YOUR LOCATION WITHIN 100 FEET USING SATELLITES,
CONVEYING INFORMATION OVER A CELL PHONE OR
DISPLAYING IT ON A SCREEN
...GM'S "OnStar" SYSTEM LINKS DRIVERS TO ADVISERS WHO
PROVIDE EVERYTHING FROM DIRECTIONS TO
EMERGENCY ASSISTANCE VIA A DEDICATED CELL-PHONE
NETWORK (CADILLAC ESCALADE SUV)
...WITH A NEW THERMAL SENSOR (LIKE THOSE USED BY THE
MILITARY IN DESERT STORM), YOU CAN SCAN FOR INFRA-RED
ENERGY COMING FROM ANIMALS OR HUMANS IN YOUR PATH
(CADILLAC DEVILLE)
...WHY NOT DRIVE FASTER?
...YOU CAN USE A REAR-BUMPER PARKING ASSISTANCE DEVICE
THAT USES SONAR TO HELP YOU BACK INTO TIGHT SPACES
(FORD WINDSTAR)
...NO NEED TO LOOK BEHIND YOU ANYMORE
...YOU CAN USE YOUR "SMART" CRUISE CONTROL SYSTEM WHICH
SETS THE MINIMUM NUMBER OF FEET YOU WANT TO BE
BEHIND OTHER VEHICLES AND THE SYSTEM WILL APPLY
PARTIAL BRAKING TO KEEP THE PROPER DISTANCE
(MERCEDES S-CLASS SEDAN)
...NO NEED TO WATCH IN FRONT OF YOU ANYMORE
...LITTLE BELLS AND LIGHTS GO OFF WHENEVER YOU NEED TO DO
SOMETHING OR MAKE A MISTAKE
...THE SAFETY BELT IS STRAPPED SNUGLY ACROSS YOUR BODY
AND IF THAT DOESN'T SAVE YOU, THE AIR BAGS FROM THE
FRONT OR THE SIDE WILL RESCUE YOU IN AN ACCIDENT

- WHATEVER HAPPENED TO "HANDS ON THE WHEEL" AND "KEEP YOUR FOCUS ON YOUR DRIVING WHEN YOU'RE IN THE CAR?"
- THE ILLUSIONS OF ANONYMITY AND SELF-ASSURED SELF-CONTAINMENT
PILE UP ALL AROUND YOU
- YOU ARE TRULY THE "MASTER OF YOUR UNIVERSE" IN YOUR OWN LITTLE
SELF-CONTAINED METAL BUBBLE
 - ...THIS MEANS YOU THINK YOU HAVE A RIGHT TO BE WHOEVER YOU
WANT TO BE AND DO WHATEVER YOU FEEL LIKE DOING AND NO
ONE BETTER TRY TO INTERFERE WITH YOU
 - ...YOU CAN PICK YOUR NOSE, BURP OUT LOUD, FANTASIZE TO
YOUR HEART'S CONTENT
 - ...YOU SHOULD BE ABLE TO DRIVE HOWEVER YOU WANT
WITHOUT OTHERS INTERFERING WITH YOUR JOURNEY

3) THE AWESOME POWER OF TODAY'S "SUPER-CHARGED" VEHICLES

- IN ADDITION, THERE IS THE SHEER POWER OF THE ACTUAL VEHICLES
 - ...THE ULTIMATE BATTLE WAGON OF THE 1990'S WAS THE SPORT UTILITY VEHICLE (SUV)
 - ...FOUR-WHEEL DRIVE, 2 1/2 TONS OF TORQUE, AND BOOSTER-ROCKET HORSEPOWER:
 - ...A GREAT VEHICLE FOR "COMBAT" ON THE ROADWAYS
 - ...AND ALL THIS POWER IS AT YOUR COMMAND
 - ...U OF MICHIGAN STUDY RELEASED IN 1998 ANALYZING FATAL ACCIDENTS OCCURRING BETWEEN 1991 AND 1994
 - ...WHEN AN SUV STRUCK THE DRIVER'S SIDE OF A CAR, THE CAR'S DRIVER WAS 30 TIMES MORE LIKELY TO DIE THAN THE SUV'S DRIVER
 - ...IN A SIMILAR CAR-TO-CAR COLLISION, THE DRIVER OF THE STRUCK CAR WAS ONLY 6 1/2 TIMES MORE LIKELY TO DIE THAN THE DRIVER OF THE STRIKING CAR
 - ...SALES OF THESE VEHICLES AND PICK-UP TRUCKS HAVE APPROXIMATELY DOUBLED SINCE 1990 AND THEY REMAIN THE FASTEST SELLING VEHICLES IN THIS COUNTRY
 - ...IN 1988, ONLY 23 SUV MODELS WERE AVAILABLE AND THEY WERE ABOUT 6.3% OF THE TOTAL MARKET
 - ...IN 1998, YOU COULD CHOOSE FROM 38 MODELS AND SALES WERE EXPECTED TO TOP 17% OF THE MARKET
- THE RAW POWER CREATES A SENSE OF INVULNERABILITY THAT IS INTOXICATING, ESPECIALLY IN SPORT UTILITY VEHICLES AND PICK-UP TRUCKS THAT WEIGH 5000 POUNDS AND MORE
 - ...EVEN A SMALL PERSON, INCLUDING WOMEN, WHO WOULD NEVER GET INVOLVED IN A PHYSICAL ALTERCATION WITH SOMEONE ELSEWHERE, MAY FEEL INVINCIBLE AND BELIEVES SHE OR HE CAN STRIKE AND GET AWAY VERY QUICKLY TO ESCAPE THE SITUATION
 - ...A CAR, LIKE A GUN, IS A "GREAT EQUALIZER" WHEN YOU ARE ON THE ROAD
- THIS POWER THAT WE EXPERIENCE TRIGGERS A SENSE OF ENTITLEMENT, A DESIRE TO CONTROL AND PUNISH OTHERS, AND THE URGE TO FORCE OTHERS TO BEND TO OUR WILLS BECAUSE WE'RE BIGGER AND MORE POWERFUL
 - ...WE MAY NOT HAVE FULL CONTROL OF OUR DESTINY WITH A CAREER, A SPOUSE, OR OUR CHILDREN, BUT A CAR RESPONDS RELIABLY TO ANY AND ALL OF OUR WISHES AND DESIRES

...OTHER DRIVERS BECOME OBJECTIFIED AND DEHUMANIZED,
SIMPLY BEING TRANSFORMED INTO OBSTACLES TO YOUR
HAVING COMPLETE CONTROL OVER YOUR ENVIRONMENT
...YOU HAVE THE ILLUSION THAT YOU'RE ALONE AND DISCONNECTED
FROM ANYONE OR ANYTHING ELSE

- THE POWER ALSO GIVES US THE SADLY MISTAKEN NOTION THAT WE CAN GET AWAY FAST FROM ANY PROBLEMS THAT DO OCCUR ON THE HIGHWAYS

4) OUR HECTIC AND FAST-PACED LIFESTYLE AND OTHER RELATED LIFE STRESSORS

- TOO MANY THINGS TO DO AND NOT ENOUGH TIME TO DO THEM
...FEELING LIKE WE'RE ALWAYS RUSHED AND RUNNING LATE
- THE MICHIGAN CONSULTING FIRM, EPIC-MRA, FOUND THAT:
...MORE THAN 1/3 OF RESPONDENTS SAID THEY GET IMPATIENT AT STOPLIGHTS OR WHEN WAITING FOR A PARKING SPACE
...25% CAN'T STAND WAITING FOR PASSENGERS TO GET IN THE CAR
...22% SAID THEY GET MAD WHEN A MULTI-LANE HIGHWAY NARROWS
- WHEN POLICE DEPARTMENTS IN THE WASHINGTON DC AREA LAUNCHED A PROGRAM IN 1997 TO CRACK DOWN ON AGGRESSIVE DRIVING, POLICE HANDED OUT NEARLY 60,000 TICKETS IN 28 DAYS FOR OFFENSES RANGING FROM TAILGATING TO PASSING ON THE RIGHT HAND SHOULDER OF THE ROAD.
...THE MOST COMMON EXCUSE THAT IS OFFERED: "*I'M LATE*"

5) STRONG CULTURAL MESSAGES ABOUT HOW TO DRIVE FROM:

- MOVIES/TV
...EXCITING CAR CHASES AND THRILLING CAR CRASHES WHERE THE "GOOD GUYS" NEVER GET HURT
...E.G. SEVERAL MEN I HAVE INTERVIEWED TALKED ABOUT THE TV SHOW "THE DUKES OF HAZZARD" AS AN EXAMPLE OF HOW THEY WANTED TO DRIVE
...VIDEO: STARTED WITH "THE FRENCH CONNECTION" IN THE 1970'S
- CAR COMMERCIALS
...A SPORT UTILITY VEHICLE GLIDES EFFORTLESSLY THROUGH ALL SORTS OF OBSTACLES (E.G. A HUGE FALLING ROCK, A WILD ANIMAL THAT LUNGES AT IT)

...A POWERFUL CAR SPEEDS ALONG A ROAD IN THE MIDDLE OF NOWHERE
...THE DRIVER HAS NOTHING TO THINK ABOUT BUT HOW FAST HE CAN GO AND THE "FREEDOM" HE IS EXPERIENCING

- VIDEO GAMES

...”INTERSTATE 82,” THE SEQUEL TO INTERSTATE 76, THE MOTHER OF ALL HIGHWAY COMBAT GAMES
...CARS MOVE WITH REALISTIC PHYSICS THROUGH DETAILED ENVIRONMENTS THAT SEEM TO GO ON FOREVER
...LETS PLAYERS DO THINGS THEY WOULD NEVER DREAM OF REALLY DOING AS THEY CREEP TO WORK ON THE HIGHWAY
...THE MUSCLE CARS IN THIS GAME COME EQUIPPED WITH ROOF-MOUNTED MORTARS, UNDER-BUMPER MACHINE GUNS, AND SATELLITE-GUIDED LASERS
...THE REAL THRILL OF INTERSTATE 82 LIES IN SCREAMING AROUND LAS VEGAS AND THE SURROUNDING DESERT BLOWING THINGS UP
...VS. COMPUTER OPPONENTS OR REAL PEOPLE CONNECTED OVER A LOCAL AREA NETWORK OR THE INTERNET
...”CRAZY TAXI,” ONE OF SEGA’S OFFERINGS
...THIS WILDLY ADDICTIVE DRIVING GAME REWARDS PLAYERS FOR BEING RECKLESS AND DARING
...PLAYING AS 1 OF 4 DIFFERENT CAB DRIVERS, YOU DRIVE THE STREETS OF A VAST VIRTUAL CITY, PICKING UP FARES AND DROPPING THEM OFF AT THEIR DESIRED LOCATIONS
...NO COPS AND NO TRAFFIC LAWS: AS THE DRIVER IN THIS GAME, YOU CAN DODGE TRUCKS, DRIVE ON THE SIDEWALK, AND IGNORE THOSE PESKY PEDESTRIANS
...YOUR PASSENGERS WILL ACTUALLY TIP YOU EXTRA FOR AN EXCITING RIDE IF YOU WORK IN ENOUGH JUMPS, HAIRPIN TURNS, AND OTHER DAZZLING MANEUVERS.
...TAKE TOO LONG TO DROP OFF YOUR CUSTOMERS, HOWEVER, AND THEY’LL HOP RIGHT OUT OF YOUR CAB, TAKING YOUR POINTS AND YOUR TIP WITH THEM

- CHILDREN'S CARTOONS

...SIMILAR TO VIOLENCE TOWARD PEOPLE OR ANIMALS, GENERALLY VEHICLES THAT GET INTO AN ACCIDENTS OR CRASHES ARE READY TO GO AGAIN THE NEXT MOMENT

6) POWERFUL MESSAGES THAT WE RECEIVED ABOUT DRIVING FROM OUR PARENTS, OUR SIBLINGS, AND OUR PEERS:

- THE FAMILY OF ORIGIN IS LIKE A LABORATORY WHERE WE LEARN HOW TO FUNCTION AS HUMAN BEINGS BY WATCHING THE IMPORTANT OTHER PEOPLE IN OUR LIVES
- ONE OF THE PLACES WE WATCH AND LEARN IS IN THE CAR
- CHILDREN ARE REARED IN A CAR CULTURE THAT CONDONES IRATE EXPRESSIONS AS PART OF WHAT HAPPENS WHEN DRIVING
- IT'S AS IF, ALL OF A SUDDEN, THE RULES HAVE CHANGED AND IT'S OK TO BE ANGRY, EXPLOSIVE, "OUT OF CONTROL," AND USE BAD LANGUAGE THAT'S ORDINARILY NOT ALLOWED
- BY THE TIME ADOLESCENTS GET THEIR OWN DRIVERS' LICENSES, THEY HAVE ASSIMILATED YEARS OF AGGRESSIVE DRIVING
- THEIR LEARNING CONTINUES WITH PEERS, WHO ARE OFTEN EXPLOSIVE AND RISK-TAKING IN THEIR INITIAL DRIVING EFFORTS

7) INDIVIDUAL DRIVERS' PERSONAL ANGER MANAGEMENT PROBLEMS AND ISSUES:

- THERE ARE A LOT OF ANGRY PEOPLE OUT THERE IN THE WORLD
- FEELING FRUSTRATED/POWERLESS/VICTIMIZED IN OTHER AREAS OF OUR LIVES AND VENTING THIS FRUSTRATION ON THE HIGHWAYS ...E.G. JOB STRESS, FINANCIAL STRESS, RELATIONSHIP STRESS, STRESS RELATED TO THE CHILDREN
- DRIVING BECOMES JUST ANOTHER VEHICLE FOR VENTING RAGE AT THE WAY THINGS ARE
- MY WORK WITH BATTERERS HAS INCLUDED MANY MEN WHO HAVE TALKED ABOUT THEIR EXPLOSIVE ANGER WHEN DRIVING

8) THE ATTITUDE OF “RUGGED INDIVIDUALISM” THAT EXISTS IN THE UNITED STATES

- EUROPEANS LONG AGO HAD TO ADAPT AND ACCOMMODATE THEIR PERSONAL PREFERENCES TO THE IDIOSYNCRASIES OF OTHERS DUE TO POPULATION AND SPACE CONSTRAINTS
- AMERICAN BELIEFS, HOWEVER, HAVE BEEN BASED ON THE CONCEPT OF ‘RUGGED INDIVIDUALISM’ THAT IS SUPPOSED TO HAVE BEEN INSTRUMENTAL IN SETTLING AND “TAMING” THIS COUNTRY
- ONE MANIFESTATION OF THIS IS THE IDEA THAT DRIVING ANYWAY WE WANT IS OUR ‘INALIENABLE RIGHT’ AS AMERICANS
- COURTESY AND ETIQUETTE ARE WEAK CONSTRAINTS WHEN THIS IDEA IS AT WORK

9) AN OVERALL DECLINE IN RESPECT AND CIVILITY IN OUR COUNTRY

- WITH THE CIVIL RIGHTS, WOMEN’S RIGHTS, AND GAY RIGHTS MOVEMENTS, THE VIETNAM WAR PROTESTS, SCANDALS INVOLVING OUR POLITICAL LEADERS, AND OTHER SOCIETAL DISRUPTIONS AND CHANGES, THE HIERARCHICAL SYSTEM FROM THE PAST WHERE “EVERYONE HAD (AND KNEW) THEIR PROPER PLACE” HAS CRUMBLED DRAMATICALLY
- THAT HAS BEEN AN IMPORTANT PART OF SOME VERY POSITIVE CHANGES IN OUR SOCIETY
- HOWEVER, WITH THESE CHANGES, PEOPLE NOW ALSO EXPECT MORE THAN EVER BEFORE AND FREQUENTLY FEEL VICTIMIZED BY SOMEONE ELSE WHEN THEIR EXPECTATIONS ARE NOT MET
- WITH THESE EXPECTATIONS GO UNMET, THERE IS MORE OVERT ANGER, VOLATILITY, DISRESPECT, AND AGGRESSIVE BEHAVIOR
- ED SAPPOLIS, THE HEAD RESEARCHER WITH THE MICHIGAN STUDY, WAS STRUCK BY THE GENDER BREAKDOWN OF AGGRESSIVE DRIVERS:
...HIS DATA INDICATED THAT 53% OF THEM WERE WOMEN
...HE COMMENTED: “*THERE IS A TREMENDOUS CULTURAL SHIFT TAKING PLACE. WOMEN HAVE FOUGHT TO BE EQUAL IN THE WORKPLACE AND IN SOCIETY; NOW THEY'RE FIGHTING TO BE EQUAL BEHIND THE WHEEL. OUR DATA ARE FULL OF SOCCER MOMS.*”